



# ACHIEVEMENT ASSEMBLY!

**FRIDAY 5<sup>th</sup> FEBRUARY 2021**

## Resource

Read through the information below about Captain Sir Tom Moore's life. What do you think is his greatest achievement? What will he be remembered for the most? Why do you think he inspired so many?



Captain Sir Tom (pictured above) served in India and Myanmar during WW2.

### Who was Captain Sir Tom Moore?

Captain Sir Tom Moore was born in Keighley, West Yorkshire on 30<sup>th</sup> April 1920. His mum was a teacher and his dad worked as a builder. Captain Sir Tom joined the British Army during WW2 and rose to the rank of captain while serving in India and Myanmar.

After the war, Captain Sir Tom took a job as a sales manager for a roofing company. After he retired, he needed treatment from the NHS for a broken hip; he hailed the excellent treatment he received from the NHS. When the UK went into the first lockdown last year, he saw a chance to give something back.

### What was Captain Sir Tom Moore's famous challenge?

In April 2020, Captain Sir Tom decided to try to raise £1,000 for NHS charities by walking 100 laps of his garden before his 100<sup>th</sup> birthday. He raised £33 million. On his 100<sup>th</sup> birthday he received over 150,000 birthday cards from people all around the world!



Captain Sir Tom (pictured above) was awarded a knighthood at a special ceremony at Windsor Castle last summer.

We will get through it in the end but it might take time, at the end of the day we shall all be ok again...the sun will shine on you again and the clouds will go away.

Captain Sir Tom Moore sharing his thoughts on the coronavirus pandemic.

# WELLBEING THOUGHT



Debden C of E Primary Academy Presents



## SCREEN-FREE WEDNESDAY

Wednesday 10<sup>th</sup> February

<b>'Get Creative' Hour</b>	Make a model	Paint a picture	Use an old sock to make a puppet and put on a play	Build a den inside or outside	Make a boat to float in your bath	Find a recipe and cook something (perhaps Chinese for Chinese New Year)	Think of your own 'Get Creative' task
<b>'Connect' Hour</b>	Play a board game	Read to someone else in your family for THEIR enjoyment	Complete a bird watch and record what you see. Make a bird feeder	Create a piece of natural art outside	Create a rainbow	Create an outside treasure hunt	Think of your own 'Connect' task
<b>'Be Active' Hour</b>	Have a disco with your family and dance to your favourite tunes	Make an obstacle course and time how quickly you can complete it	Make up a fitness workout	Host your own Olympics	Complete the 'Around the World' challenge	Practice your skipping	Think of your own 'Be Active' task
<b>'Be Mindful' Hour</b>	Make a phone call to a relative or friend to make them smile	Write a card or letter to someone to say 'hello'	Tidy your room	Help with a household job	Write a card or letter to say 'thank you' to someone	Do something kind for someone	Think of your own 'Be Mindful' task
<b>'Keep Learning' Hour</b>	Learn how to introduce yourself in a new language	Learn a new skill from a member of your family	Complete a jigsaw puzzle	Learn to juggle!	Learn a poem off by heart and perform it aloud	Learn how to tie three different knots	Think of your own 'Learn New Skills' task

### NEXT WEDNESDAY

**-No Laptops/ Tablets/ Phones/ TVs or Games consoles.**

**-No Zoom/ SeeSaw/ Tapestry**

**-Get creative, connect with others, be active, be mindful and keep learning!**

**-Choose one activity from each section on the left.**



# DUCKLINGS!

## SANDPIT COVER

*The sand in our sandpit is now covered and protected. Our new sandpit cover also adds a bit of colour to our outdoor area.*

*A big thanks to Mrs Samson and the FODs!*



# DUCKLINGS!

## GHOULISH SHADOWS!

*James - you  
scared me!  
This will be a  
great shadow  
to recreate on  
our tent when  
we return!*

# DUCKLINGS! ALIEN SPACESHIPS!

*What a wonderful, colourful poster, Benjamin, with lots of key words about space!*





# DUCKLINGS!

## REX THE RETRIEVER!



*Excellent  
retrieval skills,  
Jacob and  
Jenson!*





# DUCKKLINGS!

## MASTERCHEFS!

*The  
Ducklings  
have been  
holding their  
own Great  
British Bake  
Off!*





# DUCKKLINGS!

**WHO HAS WON HOUSE TOKENS THIS WEEK?**

**Lucy**

**Elliott**

**Mya**

**Logan**

**Jacob**

**Benjamin**

**Jenson**

**Eridean**

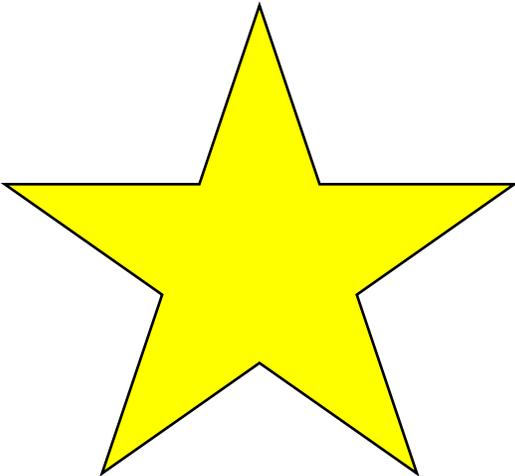
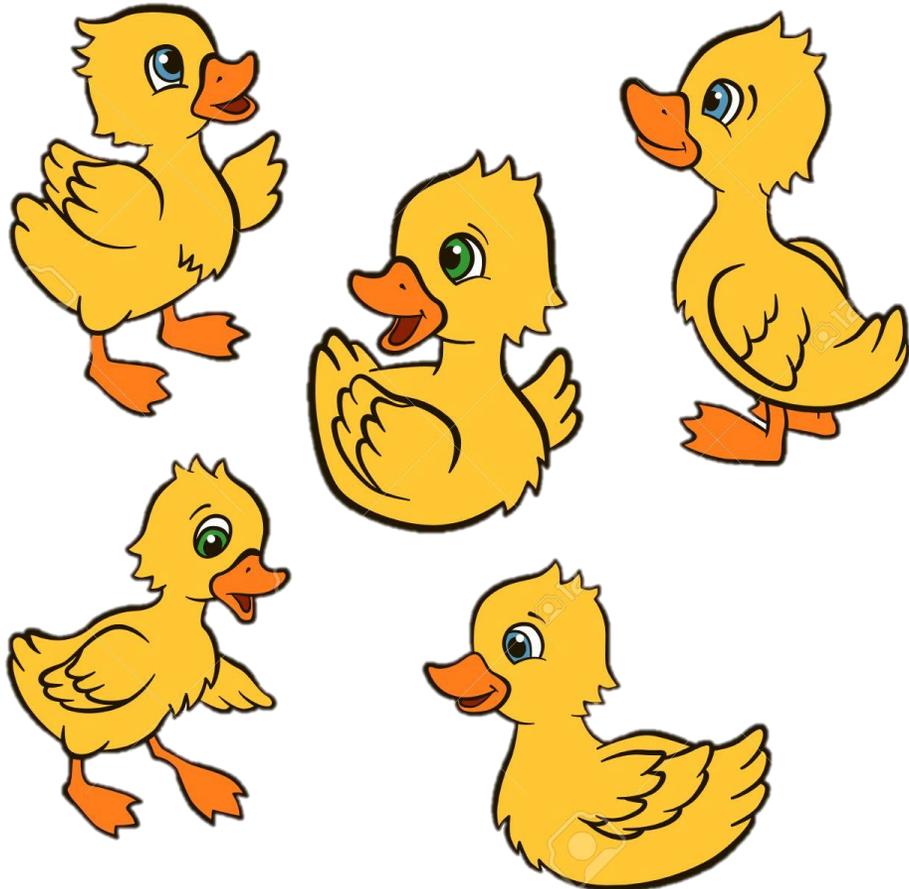
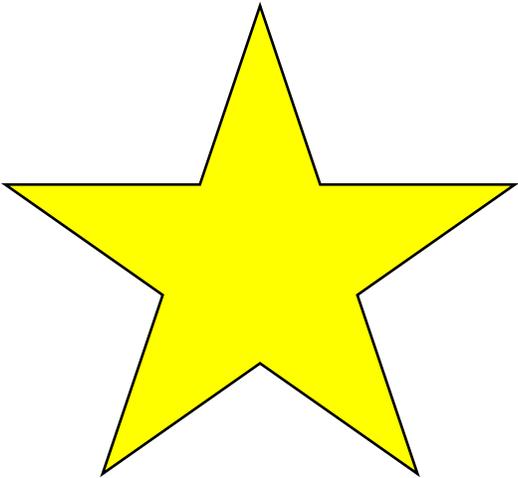
**James**

**Reya**

**Lexie**

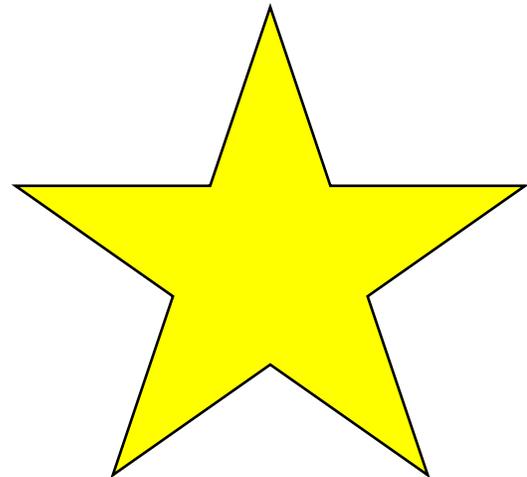
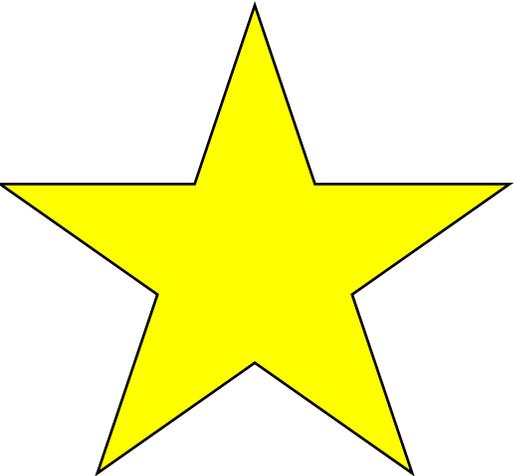
**Peniame**

AND OUR STAR OF THE  
WEEK IS...



**CONGRATULATIONS...**

**ERIDEAN!**

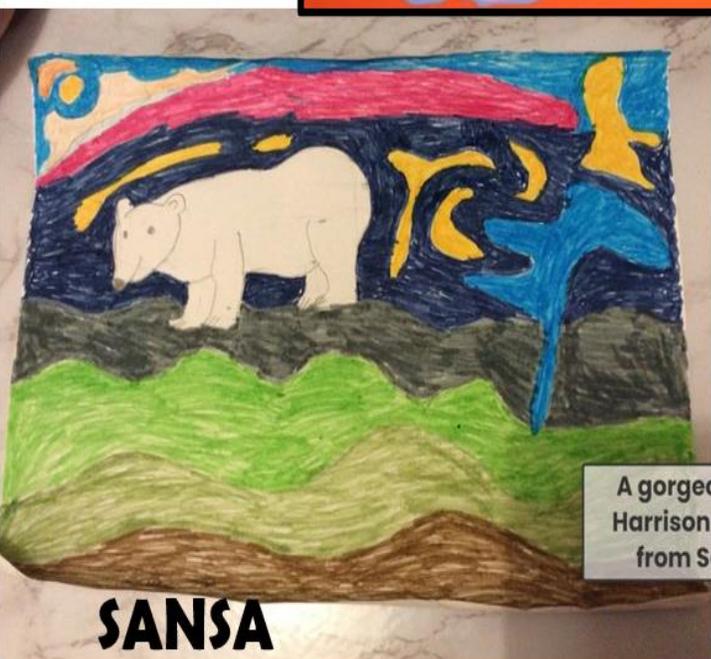




# MINNOWS

We took inspiration from Ted Harrison.

*What incredible works of Art. Well done to all of the Minnows artists!*



A gorgeous Ted Harrison picture from Sansa.

**SANSA**

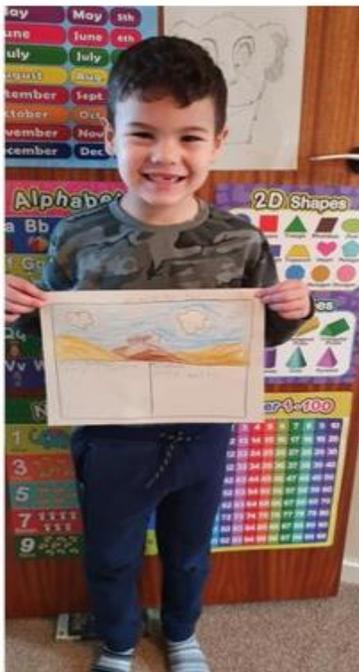


**RAFE**





# Writing stars



**Sammy**

**...his beak was as smooth as an ice cream cone.**

**Lily**

A long long time ago a sea spirit with a glassy body lived in a cold dark ocean. The sea spirit made a penguin with big sharp teeth but he kept eating all of the ice! Then he made an orca with a small beak. The orca could not catch any fish because his beak was as smooth as an ice cream cone! The sea spirit saw they were both sad so he used his magic to swap around their mouths. From now on penguins are scared of orcas because of their sharp teeth so they live far away with their penguin friends.

Once upon a time a <sup>English</sup> magic sea spirit lived in the ocean. She was pink and looked like a jelly fish. The sea spirit created an orca and a penguin. The orca had big slippers and an orange bear and the penguin had a strong jaws with sharp teeth. Penguin crunched the ice but orca got hungry because he cant have the sea spirit swapped the slippers and the bear with the penguin. After this the two animals lived happily ever after.

**Ivy**

**...and the penguin had strong jaws with sharp teeth.**

**Next came the Orca with his flippy flappy flippers...**

The penguin and the orca were both very happy. The sea spirit saw they were both happy so she used her magic to swap their mouths. From now on penguins are scared of orcas because of their sharp teeth so they live far away with their penguin friends.

**Ryan**

The monster's breath stinks of FISH!  
 The monster's eyes are red like flames  
 of FIRE!

**ALICE**

**The monster's breath stinks of FISH!  
 The monster's eyes are red like flames  
 of FIRE!**

English 3221  
 This book is from here then  
 lived on real sea. It is  
 It is TWIRLY, with sharp teeth and  
 light as a gem when it sang it  
 could change shape. English 3221  
 first came penguin like he was  
 black and white like an orca  
 and it has penguin feet and  
 penguin face and when it came out

**(Describing a sea spirit.)  
 It is twirly with sharp teeth and  
 as light as a gem. FYNN**

Once upon a time in an olden far  
 away there was a magical sea spirit.  
 It was beautiful and had eyes that  
 sparkled like diamonds. It lived in the big  
 blue ocean in a underwater cave and it  
 loved to create orcas.  
 First came the Arctic fox. He was covered  
 in grey fur as white as snow. He had a small  
 pup and a gigantic, Wabaprobly triangle  
 shaped tail.  
 Second came the humungus orca. He was black  
 and white and as big as a battle hat to his  
 feet and a white and bushy tail.  
 "Help!" shouted the frustrated Arctic fox as he  
 tried to move on the snow. He kept falling over  
 and after while he was so tired he collapsed  
 in the snow. Help! burred the orca as he sank  
 down to the bottom of the ocean. He wiggled  
 and waved his bushy tail left and right  
 to try to swim but it didn't help he was stuck.  
 The magical sea creature saw them struggling.  
 She was disappointed "Why can I do?" she  
 said sadly she had an idea "I can sing  
 three tails and sea!" she blinged her eyes  
 and they swished.

**RORY**

**"Help!" shouted the  
 frustrated arctic fox  
 as he tried to move  
 on the snow.**

The orca and the penguin

A long time ago a sea spirit popped its  
 head out of the water one with a slice of her  
 tail and as fast as two cheetahs running two  
 animals appeared. One of the animals had red  
 fur and a white tail. The other animal was  
 black and white. It always sea down again. Next  
 the sea spirit was so what would happen if  
 they found there bodies. She said she had  
 an idea to make a life way because  
 she made them off and super glued the  
 ends of their bodies together. From that  
 on they will never get stuck. What a  
 shy good day that was they were told.



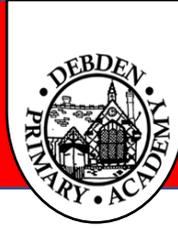
**LUCY**

**A long time ago a  
 sea spirit popped its  
 head out of the  
 water and with a  
 slice of her tail...and  
 as fast as two  
 cheetahs running,  
 two animals  
 appeared.**

# HESTER'S STORY!



*WOW! Thank  
you for sharing  
this wonderful,  
imaginative  
story with us  
Hester!*



## Melody is a superstar!

Yesterday I finished RED January and my run to the zoo challenge. I ran 35 miles (which is the distance from my house to Colchester Zoo) during January and so far I have raised £205 for the zoo to help feed the animals while the zoo is shut. My grandad made me this medal with his 3D printer.

*Well done Melody!  
What an incredible feat,  
for such a worthy cause!*





# HEADTEACHER'S SPECIAL CERTIFICATE!

**Awarded to**  
*MELODY*

**For her dedication towards good causes!**

**NURTURE    PROGRESS    EXCEL**

*05.02.21*

DATE

*Ms Hawley*

HEADTEACHER





# **MINNOWS**

## **WHO HAS WON HOUSE TOKENS THIS WEEK?**

**Daniel**

**Alice**

**Andrew**

**Lily**

**Rayson**

**Hester**

**Sansa**

**Frank**

**Annabelle**

**Ryan**

**Ivy**

**Florence**

**Peyton**

**Melody**

**Maddie**

**Rory**

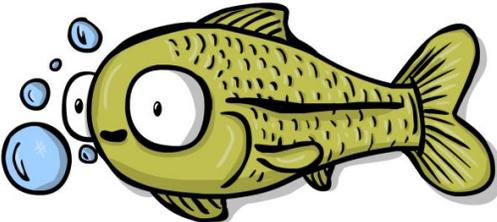
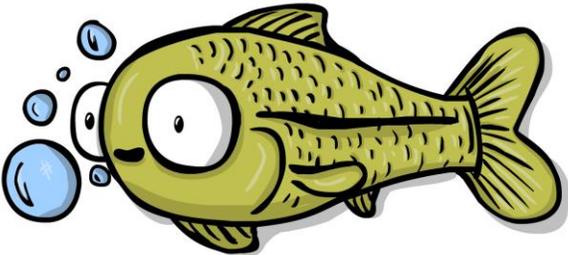
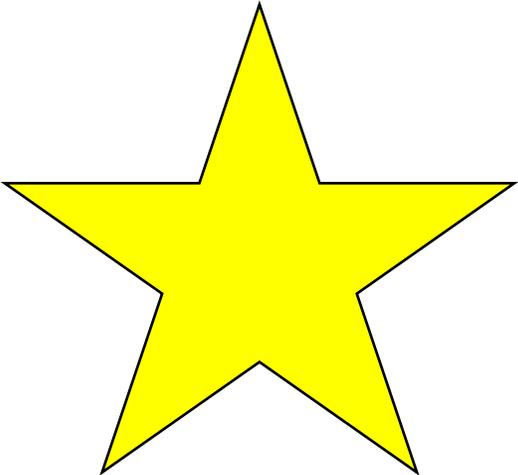
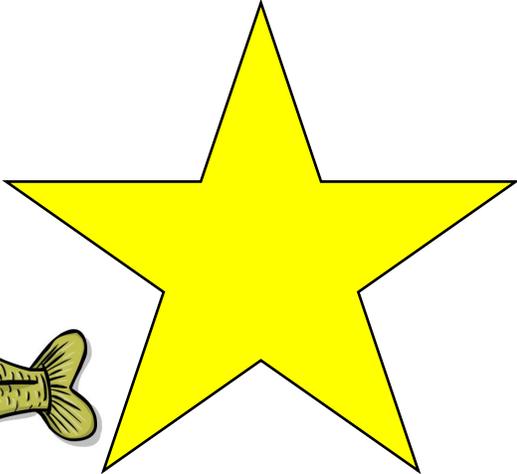
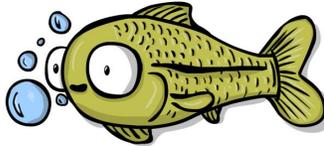
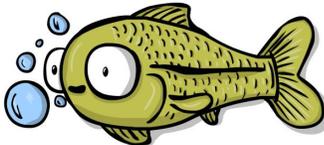
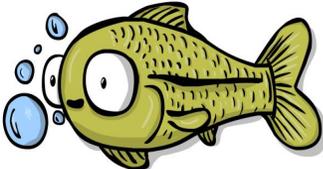
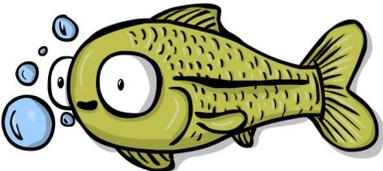
**Jake J**

**Rafe**

**Lucy**

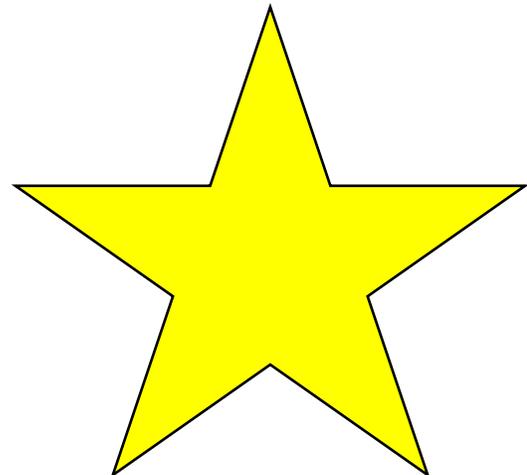
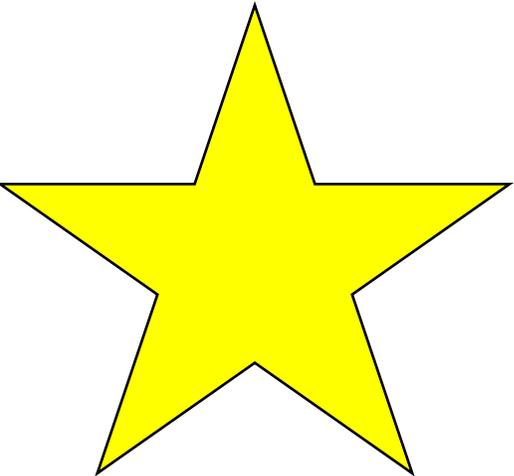
**Evie**

# AND THE STAR OF THE WEEK IS...



**CONGRATULATIONS...**

**JAKE R!**



# FROGS

# MENTAL HEALTH WEEK!

*These children  
have been  
expressing  
themselves  
through cooking!*



**Jamie**



**Chloe**





# FROGS

# MENTAL HEALTH WEEK!



**Amelia**



**Eleanor**

*These children  
have been  
expressing  
themselves  
through cooking!*



**Keira**



# FROGS

# MENTAL HEALTH WEEK!



**Cameron**



**Romily**

*These children  
have been  
expressing  
themselves  
through art!*



# FROGS

# MENTAL HEALTH WEEK!



**Amelia**



**Lily**

*These children  
have been  
expressing  
themselves  
through art!*



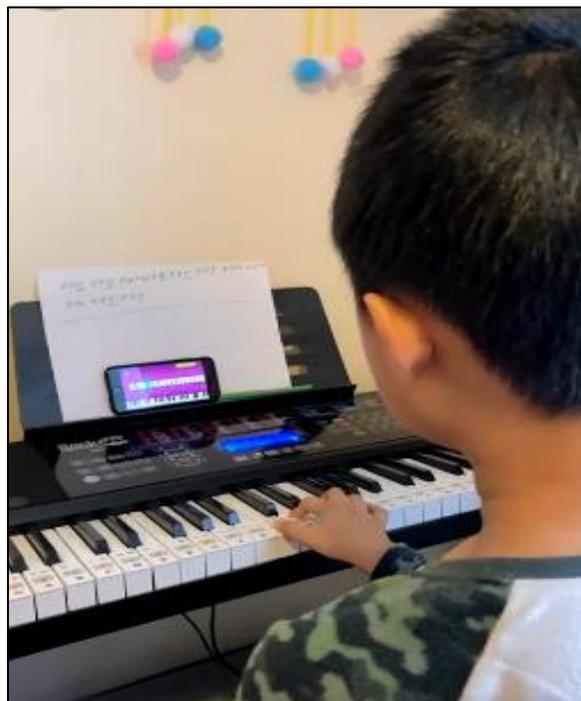


# FROGS

# MENTAL HEALTH WEEK!



**Sid**



**Ryan**

*These children  
have been  
expressing  
themselves  
through music!*



# FROGS

# MENTAL HEALTH WEEK!



**Brewster**



**Henry**

*These children  
have been  
expressing  
themselves  
through music!*





# FROGS

## WHO HAS WON HOUSE TOKENS THIS WEEK?

**Michael**

**Amelia**

**Henry**

**Sid**

**Ava**

**Chloe**

**Emma**

**Finnley**

**Cameron**

**Brewster**

**Eleanor**

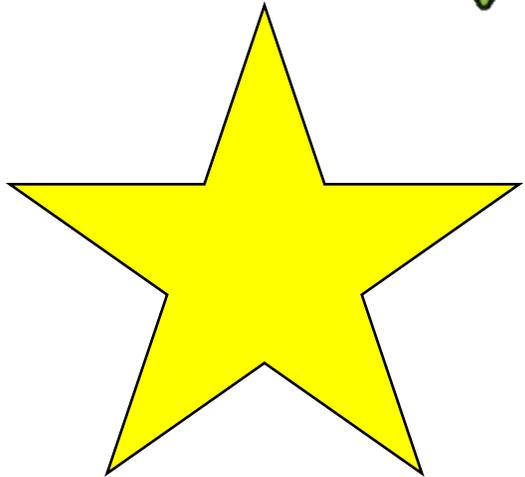
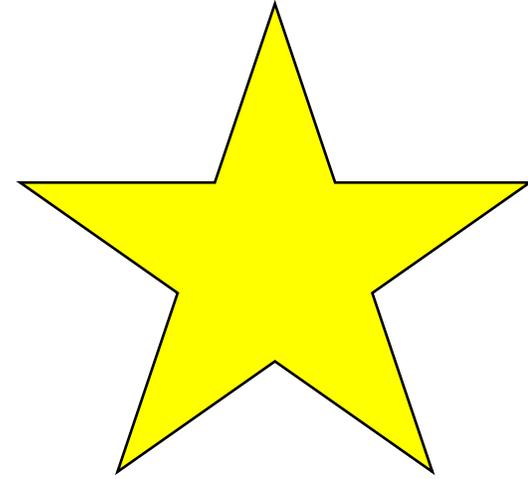
**Romily**

**Matilda**

**Lily**

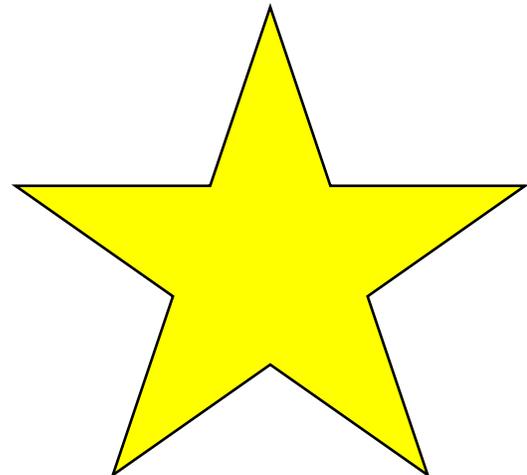
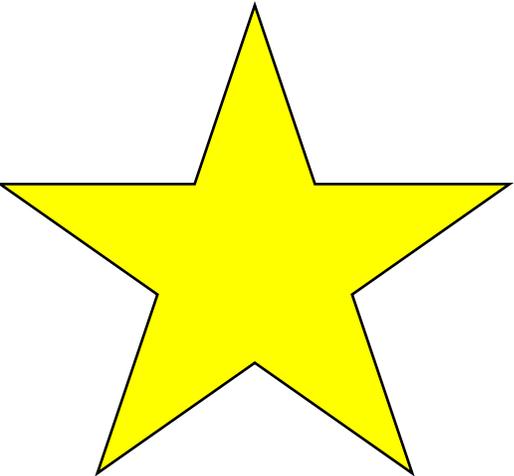
**Jamie**

AND THE STAR OF THE  
WEEK IS...



**CONGRATULATIONS...**

**BREWSTER!**





# KINGFISHERS LIVING THINGS

Thomas and Joseph  
have been identifying  
how plants and  
animals show the  
features of MRS  
GREN



Process	Animal How do animals....	Plant How do plants....
Move	They run or walk or swim to move ✓	They move to sun light ✓
Respiration	Mammals, amphibians and sea creatures breathe ✓	Carbon dioxide goes through the stomata and out as oxygen leaves ✓
Sensitive	The hair on the body helps sense, same with ears and the nose ✓	Plants have very tiny hairs on them and roots to sense their surroundings ✓
Growth	People grow by eating and absorbing energy ✓	Plants need water, air, sunlight and nutrients to grow ✓
Reproduce	Animals give live birth to new born babies ✓	Plants reproduce with seeds ✓
Excrete	Animals excrete through their lower body parts ✓	Plants excrete through their leaves, stems ✓
Nutrition	Animals need nutrition to survive and get energy ✓	Plants get nutrition from sun light and water ✓

Move	Their brains tell the muscles to move the limbs ✓	By rotating their heads towards the sun ✓
Respiration	By breathing in oxygen and breathing out carbon dioxide ✓	Breathing in carbon dioxide through stomata and leaves ✓
Sensitive	If an animal gets the sun they get more ✓	Plants get the sun for growing long ✓
Growth	They get bigger babies to elderly ✓	Growing from a seedling to a grown plant ✓
Reproduce	By having offspring ✓	By dropping seeds ✓
Excrete	By letting out waste - Humans use the toilet ✓	It is excreted out the stomata in the leaves ✓
Nutrition	Eating through their mouths ✓	By getting their food from the sun ✓



## Mammals

- Mammals have hair
- They are warm blooded
- They feed their young with milk



## Birds

- All birds have wings
- They have feathers
- They lay eggs



## Amphibians

- Amphibians live in and out of water
- They are cold blooded
- They don't have scales



## Fish

- Fish live in water
- They breathe through organs called gills
- They have quite small brains usually



## Reptiles

- Reptiles are cold blooded
- They have dry skin covered with scales or bony plates.
- They usually lay soft shelled eggs



# KINGFISHERS LIVING THINGS

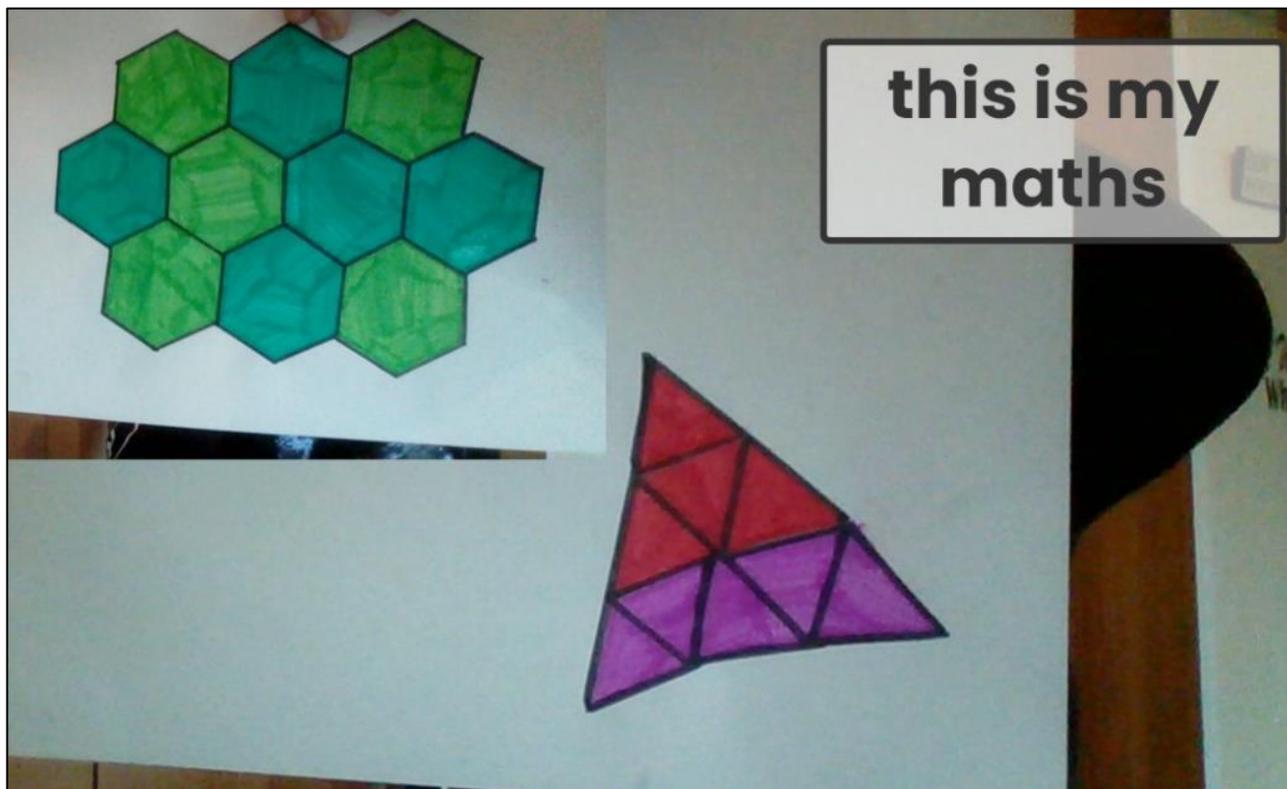
*Edward, here, showing us how vertebrate animals are grouped depending upon their characteristics.*

*Interesting fact that fish have small brains!*

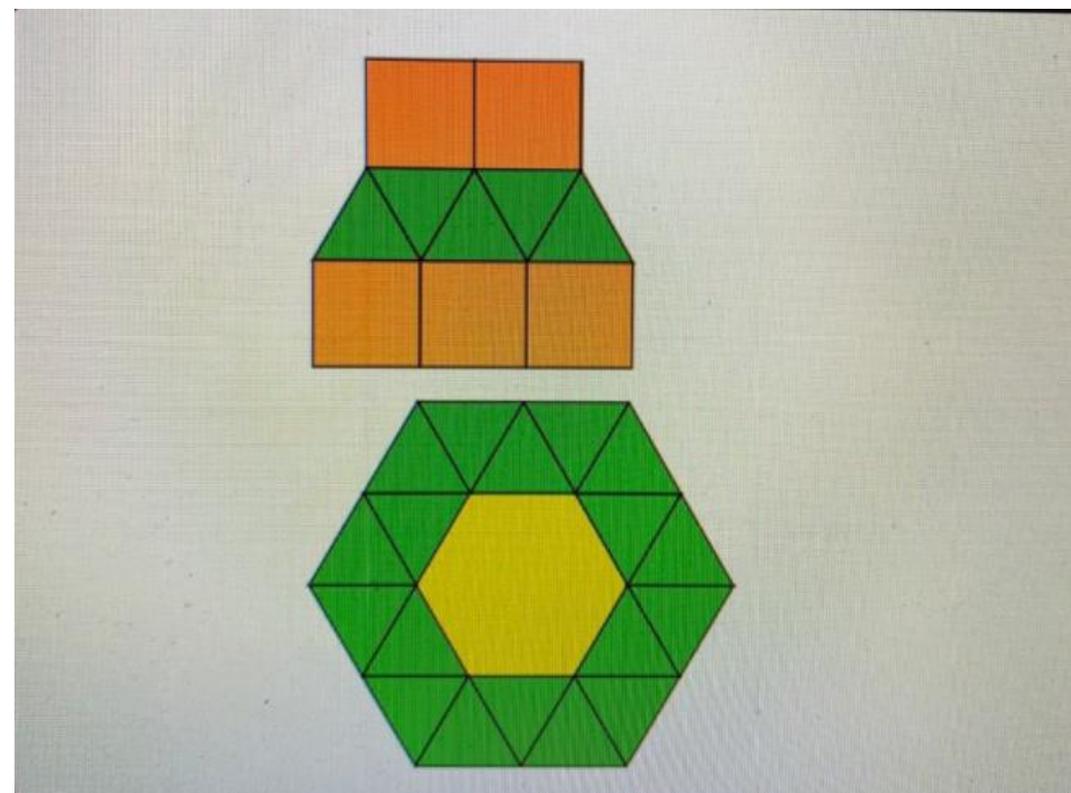




# KINGFISHERS TESSELATION



JOSH



EDWARD



# KINGFISHERS

## WHO HAS WON HOUSE TOKENS THIS WEEK?

**Josh**

**Sophia**

**Charlie**

**Phoebe**

**Oakley**

**Luke**

**Jude**

**Joseph**

**Owen**

**Stan**

**Rose**

**Charles**

**Piers**

**George**

**Prisma**

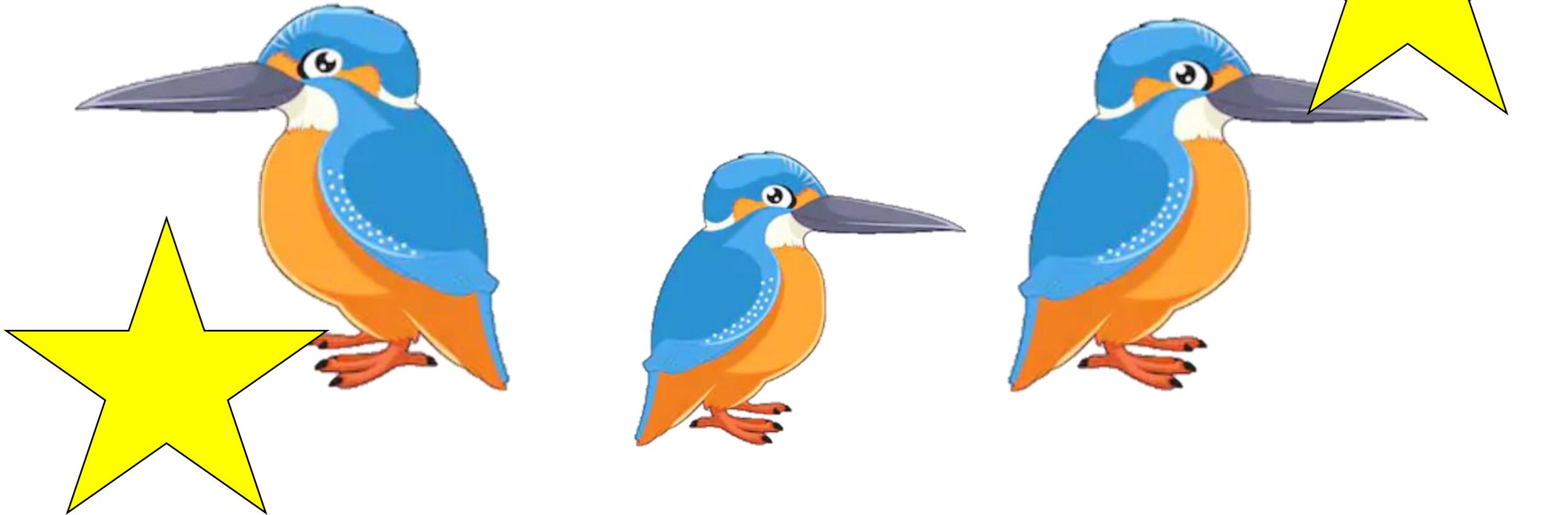
**Edward**

**Jack**

**Liam**

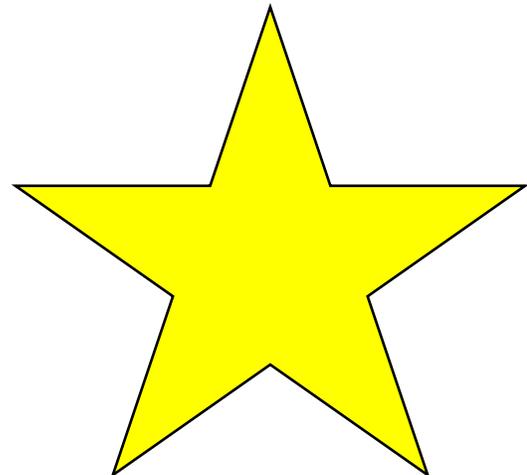
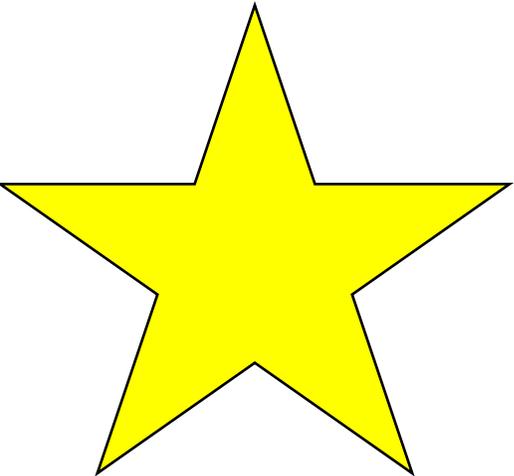
**Demi**

AND THE STAR OF THE  
WEEK IS...



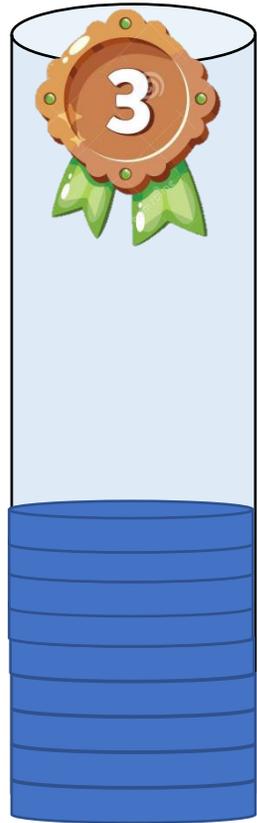
**CONGRATULATIONS...**

**OWEN!**

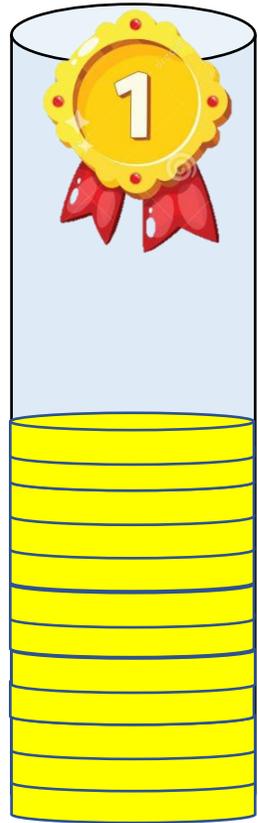


# HOUSE POINTS UPDATE!

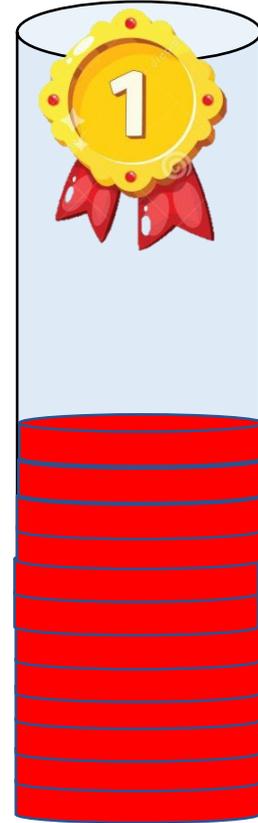
**MATTHEW**



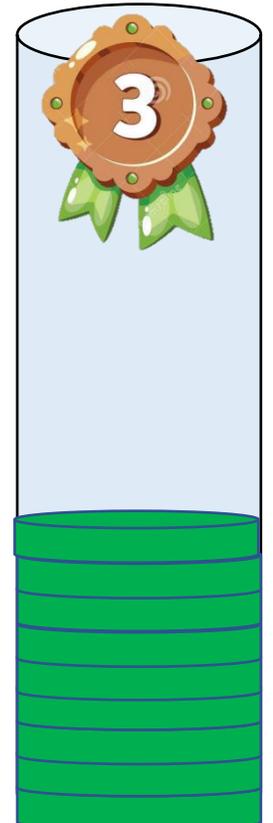
**MARK**



**LUKE**



**JOHN**



# SCORES ON THE DOORS!

**MATTHEW**

**MARK**

**LUKE**

**JOHN**





# BE ACTIVE!



## Uttlesford School Sports Partnership Challenge

Date: Monday 1<sup>st</sup> February – Sunday 14<sup>th</sup> February 2021

## 'Around the World' Challenge

For this week's challenge you will need two pairs of socks rolled up together into a ball, and someone to time you for 30 seconds.

Keep your feet on the ground all the time. Hold the sock ball in one hand and take it:

1. Around one leg
2. Around the other leg
3. Around your waist

This counts as ONE 'around the world'. You will need to switch hands as you change legs and take it around your waist – you can switch hands whenever you want to.

How many times can you take the sock ball 'around the world' (around one leg, the other leg and your waist) in 30 seconds?

# We have 2 winners!

January 2021

# SILVER

## 1 km RUN CHALLENGE



Well done to

**Elliott**

---

for completing the  
1 km run challenge



January 2021

# GOLD

## 1 km RUN CHALLENGE



Well done to

**Jack**

for completing the  
1 km run challenge



# Reverend John's **THOUGHT FOR THE WEEK...**





**HAVE A  
FANTASTIC  
WEEKEND!**