

# WEEK ONE MENU

Weeks Commencing: 23/02, 09/03, 23/03, 20/04, 04/05, 18/05, 01/06, 15/06, 29/06, 13/07.

## Monday

### Main 1

Macaroni Cheese with  
Potato Wedges

### Main 2

Spinach, Lentil and  
Cauliflower Curry with  
White Rice

### Vegetable

Sweetcorn

### Dessert

Apple Crumble

## Tuesday

### Main 1

Chicken and Sweetcorn  
Bake with Sauté Potatoes

### Main 2

Vegetable Lasagna with  
Sauté Potatoes

### Vegetable

Carrots

### Dessert

Chocolate Sponge  
(Gluten Free)

## Wednesday

### Main 1

Roast Beef in Gravy with  
Roast Potatoes

### Main 2

Plant Based Shepherd's  
Pie with Carrots

### Vegetable

Broccoli

### Dessert

Lemon Sponge

## Thursday

### Main 1

Chicken Tikka Masala  
with White Rice

### Main 2

Penne Pasta in Tomato  
and Basil Sauce

### Vegetable

Mixed Vegetables

### Dessert

Chocolate Chip Sponge

## Friday

### Main 1

Fish Goujons with Oven  
Chips

### Main 2

Vegan Vegetable Gratin  
with Oven Chips

### Vegetable

Peas

### Dessert

Somerset Apple Cake