



PSHE Vocabulary Progression

| Class/Year | AUTUMN TERM | | SPRING TERM | | SUMMER TERM | |
|---|--|---|---|---|--|--|
| Ducklings Reception 1-year curriculum | Me/ My Relationships Family Friends Feelings Happy/ Sad Same/ Different | Valuing Difference Special Likes/ Dislikes Favourite Kind/Unkind Home | Keeping Myself Safe Safe Clean Food/ Water Trust Adult | Rights and Respect Working Together Environment Litter Money | Being My Best Energy Healthy Grow Exercise Sleep | Growing & Changing Baby/ Child/ Adult Seasons Pregnant/ Adoption Private Parts Penis/ Vagina |
| Minnows Years 1-2 1-year curriculum | Me/ My Relationships Teamwork Emotions Body Language Support Heal Make Up Friendship | Valuing Difference Respect Teasing Bullying Fair Qualities Special People Difference | Keeping Myself Safe Sleep/ Rest Privacy Worried Nervous Harmful Risks Entertainment | Rights and Respect Behaviour Consequences Promise Responsibility Money Spending/ Afford Rules | Being My Best Dairy/ Protein Fruit/ Vegetables Vitamins Sugar/ Salt Hygiene Disease Portion | Growing & Changing Size/ Height/ Weight Doctor Oxygen Uncomfortable Private Activity Private Places Secret |
| Dragonflies Years 2-3 1-year curriculum | Me/ My Relationships Repeated Relationships Regular Power Unfair Bond Showing Feelings | Valuing Difference Unique Respect Calm Aggressive Solve Cooperate Problem | Keeping Myself Safe Medicines Hazard Touch Seeking Help Danger Surprise Unsafe | Rights and Respect Turn Taking Erupt Gamer Internet Spending Saving Personal Information | Being My Best Practice Encourage Heart/ Lungs Brain/ Stomach Injection/ Vaccination Achieve/ Challenge First Aid | Growing & Changing Genitals Testicles Vulva Nipples Consent/ Permission Supportive Ovaries/ Eggs |
| Frogs Years 3-4 2-year curriculum - Year A | Me/ My Relationships Compromise Conflict Point of View Cooperate Collaborate Respectful Courteous Apologise | Valuing Difference Politeness Community Belonging Gender Race Sexuality Disability Prejudice | Keeping Myself Safe Strategies Instructions Search Engine Fake News Drugs Harmful Alcohol Nicotine | Rights and Respect Earning Income Wellbeing Volunteer Waste Fact Opinion Earn | Being My Best Balanced Diet Muscles Carbohydrates Dose Cleanliness Continuum Goals/Ambitions Intelligence | Growing & Changing Positive/ Negative Invade Jealous Uterus/ Womb Period/ Menstruation Tampon Burn/ Scald Breasts |

| | | | | | | |
|---|--|---|--|---|--|---|
| Frogs Years 3-4 2-year curriculum - Year B | Me/ My Relationships Excluded Assertive Negotiate Independent Delighted Physical Effects Body Language Apologetic | Valuing Difference Acquaintances Personal Space Isolated Ignored Stereotype Separation Equal Unequal | Keeping Myself Safe Security Privacy Settings Persevere Influence Hazardous Dare Assertive Second Opinion | Rights and Respect Reliable/ Trustworthy Laws United Nations Democracy Anti-Social Behaviour Witness Income Tax | Being My Best Balanced Diet Wellbeing Mental Health Emergency Injury/ Accident Breathing/ Airway Unresponsive Refuse/ Recycle | Growing & Changing Hormones Puberty Sperm/ Semen Clitoris Independence Legal age of Consent Marriage Civil Partnership |
| Kingfishers Years 5-6 2-year curriculum - Year A | Me/ My Relationships Resolution Non-verbal Tone of Voice Face-to-Face Unhealthy Relationship Emotional Needs Insensitive/ Sensitive Passive | Valuing Difference Discrimination Listening Skills Multicultural Sexual Orientation Biological Sex Gender Diverse Metaphor | Keeping Myself Safe Cyberbullying Pressure Substance Stimulant Addiction Habit Risk Taking Assessing Risk | Rights and Respect Biased Unbiased Loan/ Borrow Councillors Debit/ Credit Fair Trade Voluntary Group Public Services | Being My Best Perseverance Commitment Resilience Determination Interpersonal Skills Life Skills Celebrities Idols | Growing & Changing Pubic Hair Scrotum Anus Erection Stretch Marks Hair Removal Body Odour Acne |
| Kingfishers Years 5-6 2-year curriculum - Year B | Me/ My Relationships Peer Pressure Forced Marriage Illegal Appropriate Inappropriate Balanced Friendship Power Imbalance Resolution | Valuing Difference Bystander Feedback Gender Identity Gender Expression Cultural Norms Empathy Tolerance Assumption | Keeping Myself Safe Social Media Sharing Online Sexual Images Trolling Phishing Age Restrictions Emotional Needs Drugs Laws | Rights and Respect Interest ISA Debit Card Value/ Values Carbon Neutral Composting Mission Statement Grant/ Campaign | Being My Best Goal Setting Aspirations Red Cross Being Mindful Sources Accuracy Operator Scenario | Growing & Changing Body Image Self Esteem Sexual Intercourse Erection Fertilisation Ejaculation IVF Labour/ Contractions |

*This progression map shows the stage of learning in which vocabulary is first introduced – vocabulary is reinforced throughout subsequent learning.