

Keeping children safe

Find out how you can keep children safe from abuse and other dangers, both online and in the physical world.

From talking PANTS to approaching difficult issues, we have a range of tips and advice to help you keep children safe whether they're at home, out and about or online.

Staying safe online and on mobile

Online safety

We've joined forces with O2 to provide parents with the skills and tools they need to help keep their children safe whenever and wherever they go online.

[Get online safety advice](#)

Talking to your child about staying safe online

Get tips on starting the conversation and what to do if you're ever worried about your child's online safety.

[Talking about online safety](#)

Share Aware

Just like in real life, kids need your help to stay safe online. Our advice will help you keep your child safe on social networks, apps and games.

[Be Share Aware](#)

Minecraft: a parent's guide

Minecraft is one of the most popular games, but it's not always easy to know how to keep children safe while they play the game. We can help you know the risks of Minecraft so you can keep children safe.

[Read more](#)

Pokémon Go: a parent's guide

Advice for keeping children safe on Pokémon Go

[Read more](#)

Sexting

How to talk to children about the risks of sexting - and what you can do to protect them

[What you can do about sexting](#)

Online porn

Advice on how to talk to your child about the risks of online porn and sexually explicit material.

[Online porn](#)

Parental controls

Innocent searches online can lead to not so innocent results. But parental controls can help keep your child safe.

[Find out more](#)

Video chat, sharing and streaming apps

Learn more about video apps like Muscal.ly and Periscope, the risks children face when using them and what you can do to help keep children safe.

[Find out more](#)

More tips and advice for parents

Let's talk PANTS!

Talking PANTS is a simple way that parents can help keep children safe from abuse. Join Pantosaurus and get the conversation started.

[Find out about PANTS](#)

Home alone

This guide to keeping your child safe at home answers questions about when your children can be left on their own.

[Advice on leaving a child alone](#)

Staying safe away from home

Your guide to when your child's old enough to be out on their own, and how to teach them to keep safe while they're away

[Keeping children safe away from home](#)

Talking about difficult topics

There are lots of ways to make it a bit less painful for you both when it comes time to talk about a 'difficult' subject.

[Get advice for parents](#)

Drugs and alcohol

Lots of parents are concerned about underage drinking, drug taking and challenging behaviour. Find out how you can keep your child safe and aware of the risks.

[Get advice](#)

Self-harm

Information about why children self-harm, how to spot the signs and what you can do about it.

[Advice about self-harm](#)

Mental health and suicidal thoughts in children

Learn about the signs of mental health problems and suicidal thoughts in children - and find out how you can help them.

[Read our advice](#)

Baby and toddler safety

This year, we're partnering with In the Night Garden to offer helpful advice and support to parents on bonding with your baby, crying, and coping with stress.

[Read about baby safety](#)

Separation, divorce and contact

Even though the relationship has ended between the adults, their role as parents has not stopped. Know your rights and make sure children get the right support.

[Get advice for parents](#)

Gangs and young people

Why young people join gangs, and what you can do to help protect a child involved with a gang.

[Find out about gangs](#)

Healthy sexual behaviour in children and young people

Useful advice on what is normal sexual behaviour, warning signs that suggest there may be a problem, and how best to react.

[What is healthy sexual behaviour?](#)

What to do if you suspect abuse

These are the steps you can take to help keep a child safe from abuse and to protect a child if you suspect they've been abused.

Suspect abuse? Find out what to do

Help us keep children safe

Make a donation today

A child will contact Childline every 25 seconds. Donate now and help us be there for every child.

Donate now

Help protect children online

We fixed the Flaw in the Law, but there's still more work to do. Join us to demand a safer online world for children and call for more support after abuse.

Find out more

Volunteering for NSPCC and Childline

Join the fight for every childhood through one of our volunteering opportunities.

Volunteering for NSPCC and Childline

Report abuse

Our helpline is here 24/7. So if you're worried about a child, you can always talk to us.

Report abuse to our helpline

