



# Debden CofE Primary Academy

## PE Curriculum Overview

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
<b>Ducklings Year R</b>	Introduction to PE		Gymnastics Unit 1		Fundamentals Unit 1		Games Unit 1		Sports Day Practise/ Athletics		Ball Skills Unit 1	
<b>Minnows Years 1-2</b>	Team Building  PE skills	Fitness*	Gymnastics	Invasion Games	Target Games	Sending and Receiving	Dance*	Yoga	Athletics/ Sports Day Practice*	Reflect and Revisit	Striking and Fielding	Reflect and Revisit
<b>Dragonflies Years 2-3</b>	Team Building  PE skills	Fitness*	Gymnastics	Invasion Games	Target Games	Sending and Receiving	Dance*	Swimming	Sports Day Practice/ Athletics*	Swimming	Striking and Fielding	Swimming
<b>Frogs Years 3-4</b>	Swimming	OAA Fitness 2 weeks before event*	Swimming	Hockey	Swimming	Tag Rugby*	Dance	Netball	Sports Day Practice/ Athletics*	Cricket*	Tennis	Rounders
<b>Newts Years 4-5</b>	OAA  Y4 Swimming	Fitness*	Y5 Gymnastics Archery 2 weeks before event*  Y4 Swimming	Tag Rugby*	Football  Y4 Swimming	Hockey	Dance	Netball*	Sports Day Practice/ Athletics*	Cricket*	Tennis	Rounders
<b>Kingfishers Year 6</b>	OAA	Fitness*	Gymnastics Archery 2 weeks before event*	Tag Rugby*	Football	Hockey	Dance	Netball*	Sports Day Practice/ Athletics*	Cricket*	Tennis	Rounders

**Key:** Units in green are taught by Mr McKeown, our specialist PE teacher. \*Asterisk includes preparation for USSP event. Swimming sessions at RA Butler Leisure Centre are shown in blue.